

**A Meditation for the Global Subjective Group
Supporting the SRI-USR Conference 2011
To be used from the 29th of April to 8th of May 2011**

INVOKING A NEW RENAISSANCE

Let Peace Prevail through
Harmony, Beauty and Art



*This meditation is supposed to be started **on the same day in every country**, on the **29th of April**. The meditation may seem to be long, but keep it dynamic and **effective**; it is not really long when you become more familiar with it. (It will take about 20-25 minutes.) Please, keep a meditation rhythm of at least once a day. If possible, work in the mornings. We are very grateful to have you with us working in the **Garden of Peace**!*

NOTE: Those who participate will have their name called **EVERY DAY** during the preparation period and during the Conference and in the last Service on **Sunday the 8th of May**. Please attempt to be with us with consistency in this subjective work, because we will be consistently with you!

D.K's Thoughts for Consideration

*Each morning for five or ten minutes work with the art of visualisation—a **creative art**. Visualise to yourself a garden in disorder that you are restoring to order and **beauty**. Rearrange that garden and fill it with flowers, with the song of birds and with what you have visioned to yourself as the garden of your dreams. See two things happen: there must be restoration of the garden and its **growth in beauty**. Let your **imagination guide you day by day** into the steady work of restoration, remembering the goal of this exercise is to focus your attention in the region of the ajna centre, of the pituitary body. There learn the power to organise. When your problems descend upon you, when you are swept by an ancient habit of thought that you know to be wrong but which has as yet a rhythmic power over you, then retire into your garden and work there for a short while. In time, make your retreat into the secret garden an instantaneous reaction when distressed and stay not there for a long time. It will aid you to break the power of ancient thoughtforms.*

(DINA I 506)

1. *As to your garden, my brother, I would ask you to enter into it early each Sunday morning. See your garden sleeping in the darkness of the dawn—no real light, no sound or movement and no life apparent. It remains just dreaming and colourless. Enter your tower and climb to the summit and then release the light which is in you; this will be to the garden of your soul what the sun is to the gardens of the world. Watch the rays of light pouring out over the garden, awakening it to colour and beauty, arousing it to movement and life, and calling forth the song of the birds and the hum of the bees and evoking it to a responsive loveliness. There I may meet you when the clouds of glamour roll away. Ponder on the symbolism hidden in this garden and work steadily for the next few months from this centre of love and light.*

(DINA I 513-514)

2. *For years, my brother, I have referred frequently to your garden of beauty. First of all, I had to lead you to create it; later I taught you to perfect it and then to use it. I taught you also how to dedicate it and to turn it into a shrine of consecration and connect it in your mind with the thought of service. That which is thus created and used, exists. Today I would like to tell you that on the inner planes your garden is of service to my group of disciples and to others—in larger numbers than you think. It is a place of gathering for many and a place of refuge for a few. Ponder on this and continue your task of beautifying it. Remember ever, that those who seek its loveliness come not only for the garden but also come in order to contact you who, upon the inner side, appear other than you fancy yourself to be in physical incarnation.*

Now there remains for you to make for others a garden of your life upon the physical plane. Much you have learned during the past years and though old rhythms and thought habits often draw you back outside your garden of peace, you find your way there again with greater speed. You do not wander quite so often into the mazes of worry and into the foggy lowlands of glamour.

*See to it that during the next nine months you preserve an attitude of spiritual indifference or of divine carelessness and emotional detachment. Upon these three words—particularly the first two—I would beg you earnestly to ponder. Stand in your garden but when there comes the urge to venture forth upon an errand of concern, of anxiety or to satisfy suspicion, treat it with indifference and care not what may eventuate. Naught can occur that can really shatter your achieved balance. **Know this.***

(DINA I 522)

3. *As you can see, it is a magical garden, for all the flowers bloom all the time, and of course there are many in that long flower border that I have not mentioned, only to say that all the flowers one ever loved were there—but I have planted dahlias, for childhood memory, canterbury bells, pinks, phlox, small chrysanthemums, platycondon, evening primrose—still memory!—sweet geranium, lavender, lemon verbena, sweet alyssum, old-fashioned roses, day lilies, tiger lilies (in spite of my rose and lily beds to the east and west!) and in the stream is growing mint, near the western exit, and other water-loving herbs. But I think every brother who enters this garden sees his own favourite flowers—I want to think so.*

(DINA 530-531)

GLOBAL MEDITATION FOR CONFERENCE 2011

Before starting, review the **text of the Problems of Humanity (by Master D.K)**. You may choose a different problem for each day you use this Global Meditation or, optionally, you can meditate upon only one or two problems during the whole time. As well, you can choose your own **global** problem (recent among which are the Japanese earthquakes, tsunamis and nuclear disaster; the Jewish Problem; the uprisings in Arab countries, etc.) You will find that these current problems are directly related to the categories below.

- The Psychological Rehabilitation of the Nations
- The Problem of the Children of the World
- The Problem of Capital, Labor and Employment
- The Problem of the Racial Minorities
- The Problem of the Churches
- The Problem of International Unity
- The Problem Planetary Ecology and Environmental Degradation
- The Problems Arising from the Transition from the Age of Pisces into the Age of Aquarius
- Any Additional Problem of Humanity which you Identify as Important

A hint: Learn to align without reading; simply memorize the procedure and at the same time visualize the process.

Alignment (about 2-3 min.)

- Sound OM consciously focusing within:
 - **The etheric-physical body**, using the brain as the centre of dedication,
 - **The astral body**, "lifting up the heart unto the Lord" thereby, in reality, ignoring the existence of the astral body,
 - **The mind**, orienting it with directness towards the soul.
- Align **vertically** with your Radiant Solar Angel ("the Master in the Heart") and be aware **horizontally** of your soul group and Workers of Light all around the globe.
- Align with the **heart centre** of the planet, *the Spiritual Hierarchy*.
- Align with the **Guardian Angel of the Conference**.
- Align with the Purpose of the Conference: **"INVOKING A SPIRITUAL RENAISSANCE – Let Peace Prevail – through Harmony, Beauty and Art"**
- Align with the Group of Temple Workers in Arizona (Phoenix/Mesa) USA, with whom you are inwardly working.
- Align with the established **twenty-five** year long, sevenfold pattern of these Conferences for promoting the Work of the Hierarchy—the work of helping humanity to create a New Civilization in the emerging Aquarian Age.

Dedication (about 2min.)

- Dedicate our work for a Spiritual Renaissance within humanity in the Name of the Christ by saying: **"We have gathered in Your Name Lord Maitreya. Be With Us."**
- Be in His Presence.
- Imagine that all the workers are gathered in His Name and are in His Presence.
- Know the truth of Christ's statement: *"Wherever two or three have gathered together in My name, I am there in their midst"*.

Visualization (about 3min.)

- Visualize, using your creative imagination, **the shrine of your life** (your egoic lotus)—the “Temple not made with hands, eternal in the heavens”.
- Visualize your shrine being **a part of Humanity’s Temple of Solomon** (the causal body) of Humanity.
- Realize that you are a Temple Builder as well as a Builder of the “Garden of Peace”.
- In deep alignment with the Inner Work for the Conference visualize:
 - The **Avatar of Love standing above the place where the Conference is held** (The Dobson Ranch Inn, Mesa/Phoenix Arizona).
 - The Avatar of Love being oriented towards the emergence of *the New Age, the Aquarian Age, and ready to bring the New Kingdom to Earth—a Kingdom founded in essence in the Will-to-Good of Shamballa.*
- Say with purpose and determination: **“Thy will, not mine, be done.”**

I-Magi-Nation and Building (about 5min.)

- I (Self), Magi (Great Work) Nation (Group of people held together by purpose)
- Holding a strong and focused point of tension *imagine*:
 - A high and fair plateau (in the subtle worlds) wherein your sacred inner garden is to be found
 - The land is beautiful in the high, bright air; the sun is shining.
 - The air is filled with the singing of the birds and with butterflies.
 - The ground is covered by the thousands of colorful flowers, beautiful bushes and trees.
- Build within your consciousness the **Garden of Peace** of your dreams.
- Place a **“Peace Pole”** in the magically drawn centre of your Garden.
- Imagine that you, your group members and the Workers of the Conference are standing near the Pole of Peace, encircling it.
- Think of how you, individually and in your groups can contribute to the coming **Era of Peace**.
- Imagine the **Spirit of Peace** hovering above pouring forth His blessings.

Meditation (about 7-10min.)

- Using your occult mind held steadily and firmly in contemplation:
- Meditate upon the **Spirit of Peace** (in a triangle with the Avatar of Synthesis and the Buddha protecting the Christ and His efforts).
- **Bring** into the magical circle **one the chosen problems of humanity**. (Change every day or according to your preference.)
- Meditate upon one of these ideas: **Peace, Harmony and Beauty**. (Change every day)
- Focus these higher thoughts upon the undesirable patterns on our planet and see them in meditation being **transformed** into patterns which align with the Divine Plan.
- Enter a period of **complete focused silence** as you seek to present an unobstructed channel for the inflow of *light, love and strength* from the Hierarchy.

Manifesting *(about 1-2 min.)*

- Your inner **Garden of Peace** vibrates, shines and breathes out into the world: **Peace, Harmony, Beauty and Divine Art**
- ‘See’ **peace** among brothers and sisters all around the planet, and between all the nations.

Blessing *(about 1 min.)*

- Bless every single participant at the Conference (members, speakers, guests, workers, helpers, volunteers, hotel staff, the members of the *subjective global meditating group*)
- Bless the Work in His Name:
“May the Work done in this meditation be blessed in Your Name and for the Glory of Your Coming, Lord Maitreya.”

Gratitude *(about 1 min.)*

- Give your gratitude for the work done, to your co-workers, inner helpers, devas and the Great Ones.

Closing *(about 1 min.)*

- See the work carried forward towards next year 2012 and towards the years to come.
- Stay within the Living “*Point of Love within the Heart of God*”.
- Sound the Great Invocation

***From the point of Light within the Mind of God
Let light stream forth into the minds of men.
Let Light descend on Earth.***

***From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.***

***From the centre where the Will of God is known
Let purpose guide the little wills of men—
The purpose which the Masters know and serve.***

***From the centre which we call the race of men
Let the Plan of Love and Light work out.
And may it seal the door where evil dwells.***

Let Light and Love and Power restore the Plan on Earth.

- Sound the Sacred Word, OM, three times inaudibly.

- Thank You —

